

# DOCKLAND SCOUT PROJECT

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## SPECIMEN COURSE PROGRAMME FOR WATER ACTIVITIES WEEKEND TO BE IMPLEMENTED BY THE COURSE LEADERS

<b>FRIDAY</b> 1930-2055	Course arrive at DSP and welcomed by DSP Duty Officer Course members to be shown to Cabins/berths/course watches <b>Course Leaders and DSP Duty Officer discussion</b>
2100	Duty Officer talk to entire Course
2130	Supper
2200	<b>Organised activity by Course Leaders</b>
2300	Bed
2330	Lights out
<b>SATURDAY</b>	
0700	Reveille – wash – tidy cabins
0800 **	<b>Colours ceremony</b>
0810	Breakfast – washing up
0900	<b>Cabin inspections by Course Leaders</b>
0910	Prepare boats/equipment
0930	<b>WATER ACTIVITY SESSION 1</b>
1100	Stand Easy - Refreshments
1130	<b>WATER ACTIVITY SESSION 2</b>
1300	Lunch – washing up
1400	<b>WATER ACTIVITY SESSION 3</b>
1530	Stand Easy - Refreshments
1600	<b>WATER ACTIVITY SESSION 4</b>
1730	Clear away boats/equipment – Shower and change
1900 **	<b>Colours “Sunset ceremony”</b>
1910	Dinner – washing up, etc.
2000	<b>Course free time (Under Course Leaders’ supervision)</b> The Nutty will be opened at this time if required
2300	Course to bed
2330	Lights out
<b>SUNDAY</b>	
0700	Reveille – wash – tidy cabins
0800 **	<b>Colours ceremony (followed by Scouts Own or Private Prayers)</b>
0815	Breakfast – washing up
0900	<b>Cabin inspections by Course Leaders</b>
0915	Prepare boats/equipment
0930	<b>WATER ACTIVITY SESSION 5</b>
1130	Stand Easy - Refreshments
1200	<b>WATER ACTIVITY SESSION 6 or REGATTA</b>
1330	Clear away boats/equipment – Shower and change
1400	Lunch – washing up
1500	Clean “Lord Amory” and DSP base - <b>INSPECTION BY DUTY OFFICER</b>
1645 **	<b>Closing Ceremony</b>
1700	<b>Course Departs for Home</b>

**\*\*Morning Colours will be at 0900 during winter months and Sunset Ceremony times may vary**

ACTIVITY	36 PEOPLE	SESSION NUMBER AND WATCH					
		SESSION 1	SESSION 2	SESSION 3	SESSION 4	SESSION 5	SESSION 6
KAYAKS	12	A & B	C & D	E & F	B & C	D & E	A & F
SAILING	12	C & D	A & B	B & C	E & F	F & A	D & E
CANADIAN	6	E	F	D	A	B	C
ROWING	6	F	E	A	D	C	B